

By Aspens

w/c 22/11, 13/12, 03/01, 24/01,14/02

Autumn / Winter 2021

WEEK ONE

MONDAY

Family Faves

TUESDAY Authentic Italian

WEDNESDAY Backing British

THURSDAY Food **Festival**

FRIDAY Fun Day

Cheesy Bean

V

Option 1

Baked Bean & Pork Sausage **Cowboy Pie** Carrots

Ham & Pineapple Pizza Baked Beans

Stuffing Roasties and Fresh Vegetables Gravy

Roast Chicken &

Chicken & **Fish Fingers** Tomato Pasta Salmon or Pollock Bake Chips and Garlic Slice Peas

Option 2

Baked Bean & Veggie Sausage **Cowboy Pie** Carrots

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Veggie Delight Pizza Baked Beans

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Quorn Roast Roasties and Fresh Vegetables Gravy

Cheese&Tomato Pinwheel

Sweetcorn

Wrap Potato Wedges Chips and Peas Sweetcorn

Jacket **Potatoes**

Crispy Skin Jacket Potato with Tasty Toppings - cheese / beans

The Finale

Peach Cobbler & Custard

Lemon Drizzle Cake

Chocolate Brownie

Apple & Cinnamon Strudel with Custard

Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

V Veggie





By Aspens

Option 1

Autumn / Winter 2021

w/c 29/11, 20/12, 10/01, 31/01,21/02



MONDAY

Family Faves

Beef Burger in Chic

a Bun Oven Baked Wedges Coleslaw **TUESDAY**

Authentic Italian

Chicken &
Sweetcorn Pasta
Bake

Whole Grain Penne Garlic Slice Green Salad WEDNESDAY

Backing British

Roast Gammon

Roasties and Fresh Vegetables Gravy THURSDAY Food

Hot Dog

Festival

Baked Paprika Wedges BBQ Beans FRIDAY Fun Day

Fish Fingers

Salmon or Pollock Chips and Mushy Peas

Option 2

Veggie Burger in a Bun

Oven Baked Wedges Coleslaw **Veggie Bolognese**Whole Grain Penne

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Garlic Slice
Green Salad

Cheese & Onion Puff Pastry Slice

Roasties and Fresh Vegetables Gravy **Quorn Dog**

Baked Paprika Wedges BBQ Beans **Quorn Dipper Pitta**

Chips and Mushy Peas

V

Jacket Potatoes

Crispy Skin Jacket Potato with Tasty Toppings - cheese / beans

The Finale

Rhubarb Crumble & Custard

Marble Cake & Custard

Cornflake Tart

Jelly & Fruit

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

V Veggie



By Aspens

Option 1

Autumn / Winter 2021

w/c 06/12, 27/12, 17/01, 07/02



MONDAY

Family **Faves**

Bangers & Mash

Green Beans Gravv

TUESDAY

Authentic Italian

Spaghetti

Bolognaise

Garlic Slice Sweetcorn WEDNESDAY Backing

British

Roast Chicken & Stuffing

Roasties and Fresh Vegetables Gravy

Quorn Roast

Roasties and Fresh Vegetables Gravy

THURSDAY Food **Festival**

BBQ Chicken

Wholegrain Rice Broccoli

Crunchy Topped

Broccoli

FRIDAY

Fun Day

Fish Fingers

Salmon or Pollock Chips and Baked Beans

Veggie Bangers & Napolitan Pasta Option 2

Mash

Green Beans Gravy

Garlic Slice Sweetcorn Macaroni Cheese

Vegan Sausage Roll

Chips and Baked Beans

Jacket **Potatoes**

Crispy Skin Jacket Potato with Tasty Toppings - cheese / beans

The Finale

Golden Syrup & **Apple Sponge Pudding**

Sticky Toffee Pudding & Custard

Chocolate **Orange Rice Pudding**

Apple Crumble with Custard

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Meat

V Veggie ◆

