

Spring/Summer
2019

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£380*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children in reception and years 1 & 2 are entitled to FREE school meals through the Government's 'Universal Infant Free School Meals' initiative. So who are we? We're Chartwells and are responsible for preparing your children's tasty meals. We love to help children discover and learn about the food they eat, where it comes from and how it's prepared. It's great fun for them and us!

Lovingly prepared,
tasty and nutritious
school meals.

We are proud
to have our own
team of registered
nutritionists.

Food Super Heroes Menu



If you would like to know more about school meals please contact our local office 0117 4406 456, email: NESomersetqueries@compass-group.co.uk

Chartwells
EAT LEARN LIVE

Week one

2/9, 23/9, 14/10

Monday

Choose a main meal...

Vegetable Supreme Pizza with Jacket Wedges ✓
Chinese Style Veggie Rice ✓

on the side...

Broccoli
Sweetcorn
for dessert...
Mango Frozen Yoghurt

Tuesday

Choose a main meal...

Farm Assured Chicken, Pea & Potato Bake
Vegetable Pasta Bolognese ✓

on the side...

Green Beans
Mediterranean Vegetables
for dessert...
Pear Upside Down Cake with Custard

Wednesday

Choose a main meal...

Roast Organic Beef with Roast Potatoes & Gravy
Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy ✓

on the side...

Carrots
Cabbage
for dessert...
Flapjack with Fruit Slices

Thursday

Choose a main meal...

Organic BBQ Beef Meatballs with Pasta
Sweetcorn Tortilla Pie with Rice ✓

on the side...

Sweetcorn
Roasted Seasonal Vegetables
for dessert...
Brownie Cake

Friday

Choose a main meal...

Golden Cod Fish Fingers with Chips
Salmon Fish Fingers with Chips
Veggie Hotdog with Chips ✓

on the side...

Peas
Baked Beans
for dessert...
Cheese & Biscuits

Week two

9/9, 30/9, 21/10

Choose a main meal...

BBQ Quorn Burger with Jacket Wedges ✓
Cheese & Tomato Pizza ✓

on the side...

Crunchy Coleslaw
Peas
for dessert...
Chocolate Sponge Cake with Custard

Choose a main meal...

Farm Assured Pork Sausages with Creamy Mash
Vegetarian Sausages with Creamy Mash ✓

on the side...

Sweetcorn
Baked Beans
for dessert...
Apple & Carrot Slice

Choose a main meal...

Farm Assured Roast Turkey with Roast Potatoes & Gravy
Cauliflower & Creamed Corn Bake with Roast Potatoes ✓

on the side...

Cabbage
Carrots
for dessert...
Oatie Biscuit with Fruit Slices

Choose a main meal...

Pasta Bolognese
Mild Chickpea Curry with Rice ✓

on the side...

Broccoli
Sweetcorn
for dessert...
Strawberry Sponge Swirl

Choose a main meal...

Crispy Fish & Chips
Baked Bean & Cheese Quesadilla with Chips ✓

on the side...

Peas
Tomato & Cucumber Salad
for dessert...
Berry Chill

Week three

16/9, 7/10

Choose a main meal...

Mac 'N' Cheese ✓
Vegetable Korma with Rice ✓

on the side...

Broccoli
Carrots
for dessert...
Blueberry Frozen Yoghurt

Choose a main meal...

Farm Assured Chicken & Sweetcorn Pizza with Jacket Wedges
Cheesy Bubble & Squeak ✓

on the side...

Peas
Crunchy Coleslaw
for dessert...
Lemon Drizzle Cake

Choose a main meal...

Farm Assured Roast Pork with Roast Potatoes & Gravy
Roasted Vegetable & Butterbean Crumble ✓

on the side...

Carrots
Cabbage
for dessert...
Jelly & Ice Cream

Choose a main meal...

Organic Beef Burger with Jacket Wedges
Vegetable Lasagne ✓

on the side...

Roasted Summer Vegetable Medley
Sweetcorn
for dessert...
Apple & Berry Crumble with Custard

Choose a main meal...

Golden Fish Fingers & Chips
Sweet Potato & Chickpea Burger with Chips ✓

on the side...

Baked Beans
Peas
for dessert...
Chocolate Shortbread with Fruit Slices

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

ALL our bananas are FAIRTRADE

